

Victorian Seniors Festival 2025



Presented by
Loddon Shire
Council



CONNECT CREATE CELEBRATE

1-31 October



A Message from our Mayor



On behalf of Loddon Shire Council, it gives me great pleasure to welcome you to the 2025 Loddon Seniors Festival.

This annual celebration is a special opportunity to recognise and honour the contributions of our senior residents to the life, spirit and history of our communities.

This year's state-wide theme, Connect, Create, Celebrate, invites us to come together, share experiences, try something new, and enjoy the company of friends old and new.

It's about celebrating the wisdom, creativity and vibrancy that our seniors bring to the Loddon community every day.

I'm especially delighted to invite you to our Gala Day event, "The Stiletto Groove", on Wednesday 8 October.

This free event will have you tapping your toes and singing along to the unforgettable hits of the 60s and 70s – a musical journey not to be missed.

A heartfelt thank you to the many community groups, businesses and volunteers whose dedication brings this festival to life, and to the Victorian State Government for their generous support of the Seniors Festival each year.

I encourage everyone to get involved, attend an event or two, and take this opportunity to connect, create and celebrate together.

Victorian
Seniors
Festival
2025

**CONNECT
CREATE
CELEBRATE**



A handwritten signature in black ink, which appears to read 'Dan Straub'.

Cr Dan Straub
Loddon Shire Mayor

Loddon Seniors Festival Gala Day



**Wednesday,
8 October,
1.30pm - 4pm**

**Wedderburn
Mechanics
and Literary
Institute Hall,
28 High St,
Wedderburn**

Seniors Festival Gala Day Concert and Afternoon Tea – FREE EVENT

Join us for a fabulous afternoon of music, memories, and celebration at the Seniors Festival Gala Day Concert – a highlight of this year's Loddon Shire Victorian Seniors Festival.

Get ready to tap your toes and hit the dance floor with The Stiletto Groove – a sensational four-piece band serving up all your favourite hits from the 60s and 70s.

With timeless tunes and plenty of energy, they'll have you grooving in your seat (or out of it).

Following the concert, enjoy a complimentary afternoon tea with friends old and new. This is a free event, but bookings are essential for catering purposes.

Scan the QR code on the right or call Council on (03) 5494 1200 to book. Don't miss this feel-good day of music and community – we can't wait to see you there.





SENIOR CITIZENS CENTRES

Senior Citizen Centres provide a friendly, welcoming place for social activities, meals and educational opportunities for residents over 55.

The programs are coordinated by the Seniors Committees and can vary between centres. Each centre holds a weekly or monthly luncheon.

If you are looking to meet new friends and become more involved with your community then why not join your local Senior Citizen Centre.

Loddon is home to six centres, located in:

BOORT Godfrey Street, Boort

EAST LODDON Prairie West Road, Calivil

INGLEWOOD 75 Grant Street, Inglewood

PYRAMID HILL 6-10 McKay Street, Pyramid Hill

WEDDERBURN 12-14 Peters Street, Wedderburn

Further information can be obtained from Loddon Shire Council on 03 54941200.





Cafe Vouchers

Get your cafe voucher this Seniors Festival by scanning the QR code or call Loddon Shire Council 8.15am to 4.45pm weekdays on 5494 1200. Choose from the options at the participating local venues on the right during the month of October. Limited number available and you must be a Loddon Shire resident to apply.

Bridgewater Bakehouse
Tarnagulla P.O
24 Karat Cafe, Wedderburn
Cafe 3517, Inglewood
Godfrey and Bear, Boort
Coffee Bank, Pyramid Hill
Mitiamo Store



Delivering better care



Hospital	Allied Health	Community Health	Mental Health	Home Support
Acute Care	Dietetics	Cardiac &	Alcohol and	Community
Urgent Care	Exercise	Pulmonary	Other Drugs	Transport
	Physiology	Rehabilitation	Counselling	Flexible Respite
Aged Care	Occupational	Chronic Disease	Youth Mental	Home Care
Hostel	Therapy	Management	Health	Home Maintenance
Nursing	Physiotherapy	Diabetes		Meals on Wheels
Home	Speech	Education		Personal Care
Respite	Pathology	District Nursing		Social Support
		Health Promotion		
		Strength Training		



Contact us



(03) 5431 7000



admin@idhs.vic.gov.au



3 Hospital St, Inglewood VIC 3517



<http://www.idhs.vic.gov.au>

A large pink flower with a yellow center and green leaves is positioned at the top left. To its right are two swirls, one orange and one pink. The background of the central white box is decorated with small yellow and white dots.

Seniors Week

A green swirl graphic is located to the left of the word 'Party'.

Garden Party

LIVE MUSIC BY
JIMMY JOHNSON

12.30 - 2.30pm
Thursday, October 9

Pyramid Hill Community Centre

- BBQ lunch
- Music, plant swap and photobooth!

RSVP 54557129



please bring a plant to swap



SENIORS WEEK - FREE

OCTOBER

Monday 20th

10am-2.30pm

@ WCH

&

Wednesday

22nd

@ Wedderburn

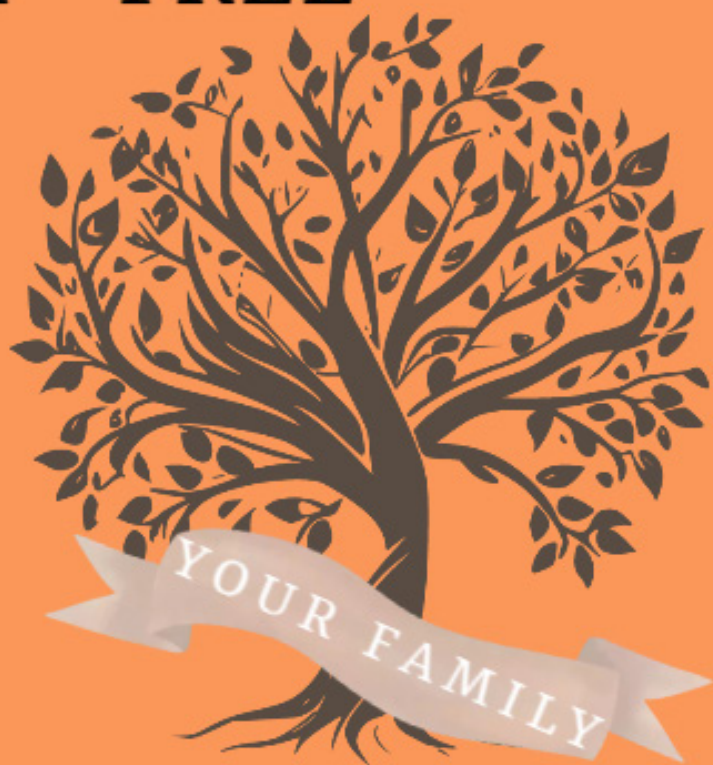
Historical Records

Museum

Learn to reseach your family and begin
to grow your tree.

Learn to use Ancestry.com and our local
Wedderburn Historical Records Museum
and other data bases to find the missing
pieces

GHOSTS from the PAST



Booking Call 54943489 to
secure a spot.

Lunch is provided



Be Connected
Every Australian online.





Let's
Par-tea



SENIORS WEEK – HIGHT TEA AT THE HOUSE

OCTOBER
31ST
10AM

RSVP TO WEDDERBURN
COMMUNITY HOUSE
54943489

Free for Seniors

SCAM ALERT



Learn to Spot a Scam – Keep Yourself Safe!
Whether it's Text Messages, Emails, or
Phone Calls –

Learn the tips and tricks to identify scams and
protect yourself.

FREE SESSION:

14th October, 2025 at 1.00pm

Wedderburn Community House
24 Wilson Street



Book online or phone
54943489



Connect, Create and Celebrate this October

The Victorian Seniors Festival returns this October with a range of free and low-cost events for older Victorians.

Celebrate positive ageing and take part in events and activities close to home and right across the state. The Victorian Seniors Festival encourages everyone to get involved, share joy and have fun.

This year's Victorian Seniors Festival theme – Connect, Create, Celebrate – invites older Victorians to come together, discover new interests and celebrate.

Connect or re-connect with your interests, skills and hobbies. Join in events and meet new people in-person and online. Create your own path and remain curious as you age. Join in events to build practical skills, make friendships and new social connections.

Victorian Seniors Card holders can access eight days of free public transport across Victoria from 5-12 October. This includes travel across all metropolitan services, V/Line train and coach services, and selected regional bus services outside of the myki-enabled area.

The Victorian Seniors Festival Country Concert series returns to bring the fun of the festival to rural communities. The popular Victorian Seniors Festival Aged Care Tour will bring magic, music, and entertainment to aged care residents across the state, so they can also enjoy great festival performances.

The Victorian Seniors Festival is proudly supported by all local councils across the state, as well as community groups and organisations.

Scan the QR code on the right to see the full program of events across Victoria for the Seniors Festival



PORTABLE PLANETARIUM



Goldfields Libraries are hosting the Bendigo Discovery Science and Technology Centre, along with their portable planetarium this October.

Little kids right through to Seniors are invited to explore the wonders of the universe in this immersive space experience.

Journey through space to explore planets, stars, and galaxies – you will uncover the beauty of the night sky and discover fascinating facts about the cosmos.

Boort Memorial Hall

Thursday 9 October

10-11am: Astronomy for Seniors (55+ years)

Followed by morning tea provided by the Shire of Loddon to celebrate Seniors Week

11.30am-12.30pm: Astronomy for All Ages

Come along and have a look!



Book here



Goldfields
Libraries

Funded by Shire of Loddon

goldfieldslibraries.com

or phone 5449 2790

or via Boort Resource & Information
Centre (BRIC)

Volunteering at Loddon



**Have you ever
thought about
volunteering?**

**Have you
recently moved
to the area?**

There are many benefits to volunteering, it:

- provides you with a sense of achievement and purpose
- helps you feel part of your community
- enhances your self-esteem and confidence

You're never too young, or too old to volunteer, so join us today!!



**Scan this QR Code to go to
the Better Impact Website**



**Or you can call Council on
5494 1200 to find out more
information**

Spring events

IN THE LODDON VALLEY

This Spring, the Loddon Valley will bloom with a vibrant calendar of events celebrating arts, culture, and community across the region. Make sure you check them out and be part of the season's celebrations.

SEPTEMBER 2025

**Bridgewater on Loddon
Melbourne Cup Tour**
2 September | Bridgewater

**Annual Wedderburn
Vintage Machinery Rally**
13 September | Wedderburn

Inglewood Community Spring Fair
26 September | Inglewood

Kooyoora Wildflower Tours
26 September | Kooyoora State Park

OCTOBER 2025

Loddon Valley Arts Festival
3–5 October | Loddon Shire

Laanecoorie Gold Bash
10–12 October | Laanecoorie

Annual Boort Agricultural Show
11 October | Boort

Wedderburn Annual Spring Dance
18 October | Wedderburn

Kooyoora Wildflower Tours
25 October | Kooyoora State Park

Wedderburn Open Gardens
26 October | Wedderburn

NOVEMBER 2025

**Spanner Man:
Art and Inspiration of the Mallee**
1–2 November | Barraport

Inglewood Alive Festival
2 November | Inglewood

**Wedderburn Community
Christmas Festival**
28 November | Wedderburn

For a full list of events and experiences:

www.visitloddonvalley.com.au



Loddon Visitor Information Centre
24 Wilson Street, Wedderburn
Phone: 03 5494 1257

   @VisitLoddonValley





Free public transport

Sunday 5 October to Sunday 12 October

As a Victorian Seniors Card holder, you can get out and explore metropolitan Melbourne and regional Victoria with eight days of free travel from Sunday 5 October to Sunday 12 October.

How to travel during the free travel period

Remember to always carry your Seniors myki and Victorian Seniors Card with you on public transport. Touch on and off as usual, you won't be charged. On regional services that don't use myki, just show your Victorian Seniors Card to the conductor or bus driver. **Where you**

can go

You'll be able to travel for free on all public transport in Victoria, including:

- Melbourne trains, trams and buses
- Regional trains, coaches and buses

(including regional town bus services).

We recommend travelling during off-peak hours. You'll be more likely to find a seat.

- You need to reserve a seat on long distance V/Line trains and some coaches. To book a seat on V/Line services requiring reservations, visit your nearest station or agent or call 1800 800 007 from 10 am on Tuesday 2 September.
- Seats can fill quickly so book early! You'll need to collect your tickets within 48 hours.
- To make a group booking for up to 19 travelling on a V/Line train service or 12+ travelling on a V/Line coach service, visit your nearest station or agent.
- For larger groups, please submit a group booking request from 10 am on Tuesday 2 September at: vline.com.au/grouptravel
- If you book and can't travel, let us know prior as your seats can be relocated to other customers wanting to travel.



For journey planning scan the QR code, visit transport.vic.gov.au or download the PTV app.